

Adrian Dahl Askelund

Curriculum vitae

PUBLICATIONS

- 2021
Veer (...) Askelund (...) & Kalisch
Psycho-social factors associated with mental resilience in the Corona lockdown
Translational Psychiatry (open access)
- 2020
Ioannidis, Askelund, Kievit, & van Harmelen
The complex neurobiology of resilience after childhood maltreatment
BMC Medicine (open access)
- 2020
Wang (...) & Psychological Science Accelerator
A global test of brief reappraisal interventions on emotions during the COVID-19 pandemic
Nature Human Behaviour stage 1 RR (protocol)
- 2019
Askelund, Schweizer, Goodyer, & van Harmelen
Positive memory specificity is associated with reduced vulnerability to depression
Nature Human Behaviour (open link, data/code)
- 2019
Moreno-López (...) Askelund (...) & van Harmelen
The RAISE study protocol; a cross-sectional, multi-level, neurobiological study of resilience after individual stress exposure
BMJ Open (open access)
- 2019
Moreno-López (...) Askelund (...) & van Harmelen
The resilient emotional brain: a scoping review of limbic and medial prefrontal cortex structure and function in adults with a history of childhood maltreatment
Biological Psychiatry: CNI (open link)
- 2019
Fritz, Stretton, Askelund (...) & van Harmelen
Mood and neural responses to social rejection do not seem to be altered in resilient adolescents with a history of adversity
Development and Psychopathology (open access)
- 2018
Blakey, Askelund, Boccanera, (...) & Stuhlfreyer
No differential effects of neural and psychological explanations of psychopathy on moral behaviour
Frontiers in Psychology (open access, protocol)

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EDUCATION

- 2020 – NOW **University of Oslo**
PhD in psychiatric epidemiology
- 2017 – 2018 **University of Cambridge**
MPhil in psychiatry
- 2013 – 2020 **University of Oslo**
6-y degree in clinical psychology
- 2011 – 2012 **Hadeland Folkehøgskole**
- 2008 – 2011 **Oslo By Steinerskole**

RESEARCH EXPERIENCE

- 2018 – 2019 **Clinical Neuroscience Group**
Research technician
- 2018 – 2019 **Norwegian centre for violence and traumatic stress studies**
Research assistant
- 2018 – 2019 **Cambridge Inst. Criminology**
Research assistant
- 2016 – 2017 **Jun. Researcher Programme**
Lead analyst
- 2016 – 2016 **Oxford Visiting Scheme**
Visiting scholar in psychiatry
- 2015 – 2017 **Neuropsychopathology Group**
Research assistant
- 2015 – 2017 **Clinical Neuroscience Group**
Research assistant

WORK EXPERIENCE

- 2020 – NOW **Lovisenberg Diaconal Hospital**
PhD position, Nic Waals Institute
- 2019 – 2020 **Oslo University Hospital**
Psychologist, Søndre Oslo DPS
- 2018 – 2018 **Médecins Sans Frontières**
Group debriefing of newly returned Nordic fieldworkers
- 2012 – 2014 **Médecins Sans Frontières**
Recruitment of regular donors; won national recruitment contest

GRANTS AND SCHOLARSHIPS

- 2018 **Travel Award ISPNE (£380)**
Among the 10 highest-rated abstracts
- 2018 **Queens' Travel Grant (£350)**
Award from Queens' College, Cambridge
- 2017 **Aker Scholarship (Full costs Master)**
Selected among students from all fields
- 2017 **Summer Scholarship (£1.850) x2**
Award from Research Council of Norway
- 2012 **London Int. Science Forum (£2.750)**
Award from Research Council of Norway

CONFERENCE PRESENTATIONS

2019
Askelund, Schweizer, Goodyer, and van Harmelen
Positive memory specificity is associated with reduced cognitive and physiological vulnerability to depression

Talk at the Special Interest Meeting in Autobiographical Memory and Psychopathology, Cambridge

2019
Askelund, Schweizer, Goodyer, and van Harmelen
Positive memory specificity as a target for prevention of depression

Oral presentation at Folkehelsekonferansen, Oslo

2018
Askelund, Schweizer, Goodyer, and van Harmelen
Positive memory specificity reduces cognitive and neuroendocrine vulnerability to depression

Paper session at the 48th ISPNE Annual Conference, hosted by ISPNE, Irvine, California

2018
Askelund, Schweizer, Goodyer, and van Harmelen
Positive memory recall reduces later cortisol and dysphoria in at-risk adolescents

Poster at the MQ Mental Health Science Meeting in London and Cambridge Neuroscience Symposium.

SELECTED INVITED TALKS

2019
Lundbeck: The Thief / Bristol Hotel
Kan positive minner beskytte mot depresjon?

2018
Research Center 'Neurobiology of resilience': Mainz
Positive memory specificity as a resilience factor in at-risk adolescents

2018

Max Planck Institute: Leipzig
Positive memory specificity predicts reduced vulnerability to depression in at-risk adolescents: A longitudinal study

2018

Oxford Center for Emotions & Aff. Neuroscience
Positive memory specificity predicts reduced vulnerability to depression in at-risk youths

2018

Cambridge: MRC CBU / Queens' College
Remembering positive life experiences reduces vulnerability to depression

EXTRACURRICULAR COURSES

2018

School of clinical medicine, University of Cambridge
Statistics for Biologists in R (8 weeks)

2017

Psychometrics Centre, University of Cambridge
Structural Equation Modeling in R (4 days)

TEACHING EXPERIENCE

2019

University of Oslo
Personality psychology (seminar leader)

SELECTED MEDIA / INTERVIEWS

2019

Dagens Næringsliv
Adrian (26) har gjort internasjonalt forskningsgjennombrudd på depresjon: - Positive minner kan trenes opp

2019

Aftenposten Viten
Har fulgt over 400 unge: Positive minner kan beskytte mot depresjon

2019

The Guardian
Remembering good times 'could reduce teenage depression'

2019

NRK Østlandssendingen & NRK Ekko (radio)
Ung forsker om unge sinn